

Food Item	Serving Size	Calories	Total Fat	Sat. Fat	Trans. Fat	Chol.	Sodium	Total Carb.	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron	
	(Oz.)	Calories	From Fat (g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(%)	(%)	(%)	(%)	
<b>Oven-Baked Pasta</b>																
Cheesy Baked Ziti	15	670	240	27	15	1	90	1630	71	7	12	34	35	25	60	25
Baked Spaghetti	15.5	640	190	22	12	0.5	75	1340	80	7	13	29	40	30	50	25
Baked Spaghetti with Meatballs	18.5	890	350	39	20	1	130	2040	86	7	13	41	45	35	60	35
Penne with Creamy Basil Chicken	18.8	970	460	51	24	1	170	2430	73	4	9	52	30	10	80	20
Rigatoni Romano	17.3	880	390	44	20	1	125	2460	76	7	12	44	40	25	60	30
Tortellini Robusto	17.4	1000	440	49	27	0.5	210	2560	79	5	9	59	35	10	90	35
Chicken Parmigano	21.3	920	290	32	14	1	120	2420	106	8	15	51	45	35	60	35
Twice Baked Lasagna	18.4	700	350	39	20	0.5	115	2420	47	6	11	41	50	35	70	30
Chicken Broccoli Penne	21.3	900	360	40	23	0.5	170	2360	76	6	11	52	25	60	80	20
<b>Fresh Made Pasta</b>																
Chicken Carbonara	17.8	790	240	26	13	0	105	1840	87	4	9	43	10	15	25	20
Tortellini & Sun-Dried Tomato Rustico	13.9	850	420	46	15	0	85	1380	81	6	9	30	25	50	45	30
Spaghetti with Marinara	18.2	560	25	2.5	0	0	0	970	111	9	17	19	40	40	0	35
Spaghetti with Meat Sauce	19.4	680	100	12	3.5	0	20	1640	113	10	17	28	35	35	4	40
Spaghetti with Alfredo	17.8	800	240	26	15	0	75	1480	108	5	11	26	15	0	30	25
Penne with Marinara	18.2	560	25	2.5	0	0	0	970	111	9	17	19	40	40	0	35
Penne with Meat Sauce	19.4	680	100	12	3.5	0	20	1640	113	10	17	28	35	35	4	40
Penne with Alfredo	17.8	800	240	26	15	0	75	1480	108	5	11	26	15	0	30	25
Fettuccine with Alfredo	17.8	800	240	26	15	0	75	1480	108	5	11	26	15	0	30	25
Fettuccine with Marinara	18.2	560	25	2.5	0	0	0	970	111	9	17	19	40	40	0	35
Fettuccine with Meat Sauce	19.4	680	100	12	3.5	0	20	1640	113	10	17	28	35	35	4	40
Ravioli with Marinara Sauce	12.3	490	130	15	8	0	80	1080	69	7	13	21	40	30	25	20
Ravioli with Meat Sauce	13.1	570	190	21	10	0	95	1530	70	8	12	27	35	25	30	25
Ultimate Sampler Platter	28.6	1150	270	29	13	1	70	2810	166	12	21	50	35	45	30	50
Classic Sampler Platter	21.6	890	230	25	11	.5	65	2270	122	9	16	39	25	35	30	35
<b>Pasta Toppings</b>																
Sliced Grilled Chicken	3.0	100	20	2.5	0	0	45	570	1	0	1	18	0	0	0	4
Meatballs	3.0	250	160	18	8	0	55	700	6	1	1	13	4	4	8	10
Sliced Italian Sausage	2.0	200	150	16	5	0	40	680	3	0	1	10	0	0	2	4
Broccoli	3.0	25	0	0	0	0	0	10	5	3	1	3	15	60	2	2
Broccoli and Fire-Roasted Tomatoes	4.0	35	0	0	0	0	0	85	5	2	3	1	2	60	2	0
<b>Fazoli's® Pizza</b>																
Cheese Slice	4.0	290	100	12	6	0	35	730	32	2	2	14	8	2	25	10
Pepperoni Slice	4.2	300	110	13	6	0	30	810	32	2	2	14	6	2	20	10
Margherita Slice	5.3	330	140	15	6	0	30	710	33	2	3	14	15	10	20	15
Four Meatza Slice	4.5	330	130	14	6	0	35	880	33	2	2	16	6	2	20	15
Supremo Slice	4.7	320	130	14	6	0	35	870	33	2	3	15	8	8	20	15
<b>Oven-Baked Submarinos®</b>																
Ultimate Meatball Smasher	13.7	1070	580	65	22	0.5	125	2970	76	4	7	40	25	15	30	35
Fazoli's® Original	12.8	880	450	50	14	0	90	2890	68	3	7	34	15	15	20	40
Smoked Turkey Basil	12.8	750	340	37	10	0	80	2550	68	3	5	36	20	15	30	60
Club Italiano	13.0	780	320	36	10	0	90	2800	68	3	8	39	15	15	20	60
Ham & Swiss Supremo	12.1	690	280	31	8	0	75	2390	68	3	9	33	20	15	30	45

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	(Oz.)	Calories	From Fat (g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(%)	(%)	(%)	(%)	
<b>Breadsticks</b>																
Garlic Breadstick (1 each)	1.7	150	60	7	1.5	0	0	290	20	1	1	3	0	2	4	4
Breadstick, Dry (1 each)	1.4	100	15	2	0	0	0	160	20	0	1	3	0	2	4	4
<b>Fresh Salads</b>																
Grilled Chicken Artichoke	11.9	210	30	3.5	2	0	70	960	10	3	4	30	160	140	15	10
Crispy Chicken BLT	12	410	170	19	6	0	70	1390	29	4	4	31	130	35	15	15
Cranberry & Walnut Chicken	11	340	100	12	2	0	70	910	25	4	18	31	120	30	15	10
Chicken & Pasta Caesar	13.3	440	120	13	5	0	80	1680	37	3	8	35	200	45	15	10
Side Garden Salad	5	30	0	0	0	0	0	20	6	2	4	2	60	35	4	4
Side Caesar Salad	4.2	40	20	2	1	0	5	70	4	2	1	4	130	45	8	6
Side Pasta Salad	6	300	110	12	3.5	0	10	970	38	1	7	8	2	0	4	2
<b>Salad Dressings</b>																
House Italian	1.5	160	130	14	2	0	0	760	7	0	7	0	0	0	0	2
Fat Free Italian	1.5	25	0	0	0	0	0	390	6	0	3	0	2	2	0	0
Caesar	1.5	230	220	25	4	0	45	350	1	0	0	1	0	0	0	0
Red Wine Vinaigrette	1.5	110	90	10	1.5	0	0	410	3	0	2	0	0	0	0	0
Honey French	1.5	220	160	18	3	0	0	310	14	0	13	0	0	0	0	0
Creamy Parmesan Peppercorn Ranch	1.5	230	220	24	4	0	10	380	2	0	2	1	0	0	2	0
Lite Ranch	1.5	120	110	12	2	0	5	350	2	0	1	1	0	0	0	0
Ranch	1.5	220	210	24	4	0	10	420	2	0	2	1	0	0	0	0
Lemon Basil	1.5	110	100	11	1.5	0	0	380	5	0	3	0	0	0	0	0
Croutons (Pack)	0.5	70	25	3	0	0	0	100	8	0	0	2	0	0	0	20
<b>Kids Meals</b>																
Spaghetti with Marinara Sauce	7.7	220	10	1	0	0	0	330	43	3	6	7	15	15	0	15
Spaghetti with Meat Sauce	7.2	260	35	4	1	0	5	560	44	4	6	10	10	10	2	15
Spaghetti with Meatballs	7.8	300	60	7	2.5	0	20	570	45	3	6	12	15	15	2	15
Fettuccine Alfredo	6.5	290	70	8	4.5	0	20	470	42	2	4	8	4	0	8	8
Meat Lasagna	7.6	260	120	13	6	0	35	910	21	3	4	14	20	15	15	15
Ravioli with Marinara Sauce	6.2	250	70	7	4	0	40	540	35	3	6	10	20	15	15	10
Ravioli with Meat Sauce	6.6	290	90	10	5	0	45	770	35	4	6	14	20	15	15	15
Cheese Pizza	4.0	290	100	12	6	0	35	730	32	2	2	14	8	2	25	10
Pepperoni Pizza	4.2	300	110	13	6	0	30	810	32	2	2	14	6	2	20	10
<b>Drinks</b>																
Italian Lemon Ice - Regular	14.0	170	0	0	0	0	0	15	46	0	46	0	0	0	0	0
Italian Lemon Ice - Large	20.0	250	0	0	0	0	0	20	65	0	65	0	0	0	0	0
Italian Lemon Ice with Strawberry	20.0	270	0	0	0	0	0	55	70	0	70	0	0	15	0	0
<b>Sweet Treats</b>																
NY Style Cheesecake with Strawberry Topping	6.3	630	410	45	26	1	160	630	49	1	32	8	30	15	8	4
Chocolate Layer Cake	6.8	700	350	38	17	0.5	60	550	87	4	63	7	10	0	6	40
Turtle Cheesecake	5.7	590	330	37	17	0	95	330	56	2	34	7	20	0	4	8
Chocolate Chunk Cookie	4.0	510	230	26	15	0	75	350	68	3	39	5	15	0	2	15

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